

## SUMMARY OF COURSES ( CONTINUED )

### PAEDIATRIC FIRST AID ( 12 Hrs - eg : 2 Days )

Programme Includes :-

- Management of the Unconscious Casualty.
- Recovery Position, Resuscitation ( Child & Baby )
- Treatment of - Bleeding, Shock, Anaphylaxis  
Fainting, Epilepsy, Diabetes, Asthma, Choking  
Poisoning, Convulsions, Head Injuries, Meningitis  
Fractures, Joint and Muscle Injuries.  
Bites and Stings, Burns and Scalds.
- First Aid Boxes and Record Keeping.

### MANUAL HANDLING ( 4 Hrs )

Programme Includes :-

- Anatomy and Physiology of the Skeleton.
- Health and Safety / Manual Handling Legislation.
- Manual Handling Techniques  
( Demonstration and Practise )
- Risk Assessment

### HEALTH & SAFETY AWARENESS ( 4 Hrs )

Programme Includes :-

- Health & Safety at Work Act & Legislation
- Accident & Ill Health Prevention
- Occupational Health
- Workplace Safety
- Risk Assessment

### FIRE SAFETY AWARENESS ( 3 Hrs )

Programme Includes :-

- Fire Risks
- Evacuation Procedures
- Risk Assessment
- Use of different fire extinguishers -  
( Demonstration and Practise )