



S. J. W. First Aid Training Services

153 Grange Road Erdington Birmingham B24 OES

Tel : 0121 373 7306 Fax: 0121 682 2227

e-mail:SJWfirstaid@blueyonder.co.uk www.SJWfirstaidtraining.com

EMERGENCY FIRST AID COURSE (APPOINTED PERSONS IN THE WORKPLACE)

(6 HOURS)

3 YEAR CERTIFICATE OBTAINED ON COMPLETION.

SYLLABUS TO INCLUDE

Aims and Principles of First Aid

Assessment of Incidents / Casualties

Unconsciousness

Recovery Position (Including Practise)

Disorders of Respiration (Asphyxia causing Hypoxia)

Resuscitation (Including C P R Practise)

Bleeding and Shock

First Aid Boxes and Accident Reporting

Subjects relevant to Workplace